

# Dylan



**Understands Need for Appropriate Hygiene (SCS.3)** 

## **Self-Monitoring Sheet**

STUDENT:
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**GOAL:** Apply deodorant after gym class, before going to my next class.

**DIRECTIONS:** After you have gotten dressed & before you go to your next class

- 1. Write today's date in the "date" column.
- 2. Circle "yes" if you applied deodorant or circle "no" if you did not apply deodorant.
  - If you circled "no," now apply deodorant (in private)
- 3. At the end of the day take this sheet & share it with Mrs. Jones (and the opportunity to earn a token).

Date	Yes	No
	Yes	No



## **Understands Need for Appropriate Hygiene (SCS.3)**

#### Reinforcement Menu

**GOAL:** Apply deodorant after gym class, before going to my next class.

**DIRECTIONS:** After you have gotten dressed & before you go to your next class

- 1. Write today's date in the "date" column.
- 2. Circle "yes" if you applied deodorant or circle "no" if you did not apply deodorant.
  - If you circled "no," now apply deodorant (in private)
- 3. At the end of the day take this sheet & share it with Mrs. Jones (and the opportunity to earn a token).

Mrs. Jones Classroom Store						
Blue = 1 token	Orange = 2 tokens	Red = 5 tokens	Purple = 10 tokens			
<ul> <li>Piece of candy from candy jar</li> <li>Skip-It sticker for 1 question on homework</li> </ul>	<ul> <li>Extra 5 minutes of break</li> <li>Be first to leave class when the bell rings</li> </ul>	<ul> <li>Watch YouTube for break time</li> <li>Sit in teacher's rolling chair for a class period</li> </ul>	<ul> <li>Lunch with a friend &amp; staff (your choice), in Mrs. Jones room</li> <li>Be the teacher for a class period</li> </ul>			

## **Token Economy Board**

/ TO EARN TOKENS:						
/ TO EXCHAN	NGE TOKENS:					



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# **Tokens** (to be laminated, velcroed & can be attached to the board with velcro)



