

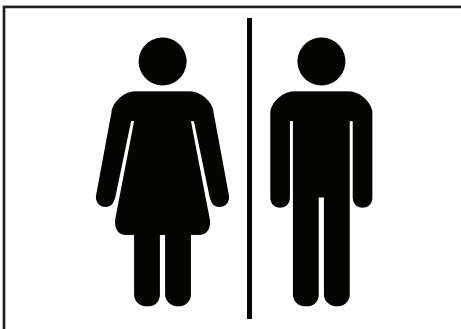


Archie

Takes a Break (SHC.4)
(Both Self-Initiated and Initiated by Others)

Break Choices Menu

DIRECTIONS: When the timer sounds, Archie will select 1-2 activities to engage in from the break choice menu. Break is not to exceed 5 minutes total.



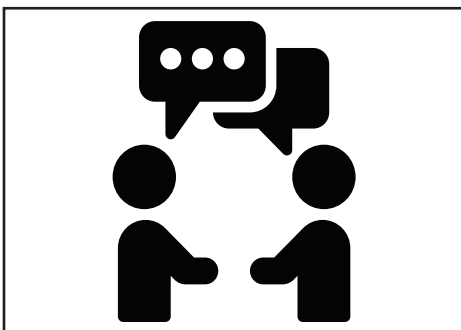
Use the restroom



Get a drink



Get a snack



Talk to a friend



Take a walk



Stretch

Timer Visual

